

Exact fare, please Favor de pagar la cantidad exacta

Fares Tarifas	Adult Adulto	Senior/Disabled/ Medicare/Youth* Personas Mayores/con Discapacidades/Medicare/Jóvenes*
ONE-WAY FARES Tarifas Sencillas	\$2.50	\$1.25
EARNED DAY PASS Pase del Día Ganado	\$6.00	\$3.00
MONTH PASS Pase mensual	\$72.00	\$23.00

Load money into your PRONTO account to earn Day Passes and Month Passes. Tap your PRONTO card (\$2) or scan your PRONTO mobile app (free) to ride. Carga dinero a tu cuenta de PRONTO para ganar Pases del Día y Pases Mensuales. Toca tu tarjeta PRONTO (\$2) o escanea tu aplicación móvil PRONTO (gratis) para viajar.

- One-ways with PRONTO receive free transfers for two hours. No free transfers for cash. Los viajes de ida con PRONTO reciben transbordos gratuitos por dos horas. No se permiten transbordos gratuitos con pagos en efectivo.
- Day Passes not sold in advance. Earned with PRONTO. Los pases diarios no se venden por adelantado. Se obtienen con PRONTO.
- A month pass can be purchased in advanced or earned with PRONTO. Good from first day to last day of the month. El Pase Mensual se puede comprar por adelantado o se obtiene mientras viaja con PRONTO. Válido desde el primer día hasta el último día del mes.

\*Proof of eligibility required. Senior Eligibility: Age 65+ or born on or before September 1, 1959. Youth Eligibility: Ages 6-18  
\*Se requiere verificación de elegibilidad. Elegibilidad para Personas Mayores: Edad 65+ o nacido en o antes del 1 de septiembre, 1959. Elegibilidad para Jóvenes: edades 6-18

For more information, visit: / Para más información, visite: [sdmts.com/fares](http://sdmts.com/fares)

### DIRECTORY / Directorio

MTS Information & Trip Planning MTS Información y planeo de viaje	511 or/ó (619) 233-3004
TTY/TDD (teletype for hearing impaired) Teletipo para sordos	(619) 234-5005 or/ó (888) 722-4889
InfoExpress (24-hour info via Touch-Tone phone) Información las 24 horas (vía teléfono de teclas)	(619) 685-4900
Customer Service / Suggestions Servicio al cliente / Sugerencias	(619) 557-4555
MTS Security MTS Seguridad	(619) 595-4960
Lost & Found Objetos extraviados	(619) 233-3004
Transit Store	(619) 234-1060 12th & Imperial Transit Center M-F 8am-5pm

For MTS online trip planning  
Planificación de viajes por Internet [sdmts.com](http://sdmts.com)

For more information on riding MTS services, pick up a Rider's Guide on a bus or at the Transit Store, or visit [sdmts.com](http://sdmts.com).

Para obtener más información sobre el uso de los servicios de MTS, recoja un 'Rider's Guide' en un autobús o en la Transit Store, o visita a [sdmts.com](http://sdmts.com).

Thank you for riding MTS! ¡Gracias por viajar con MTS!

REV.Effective SEPTEMBER 7, 2021

# 944

Sabre Springs –  
Poway  
via Poway Road

# 945

Rancho Bernardo –  
Old Poway Park  
via Pomerado Road / Poway Road

### DESTINATIONS

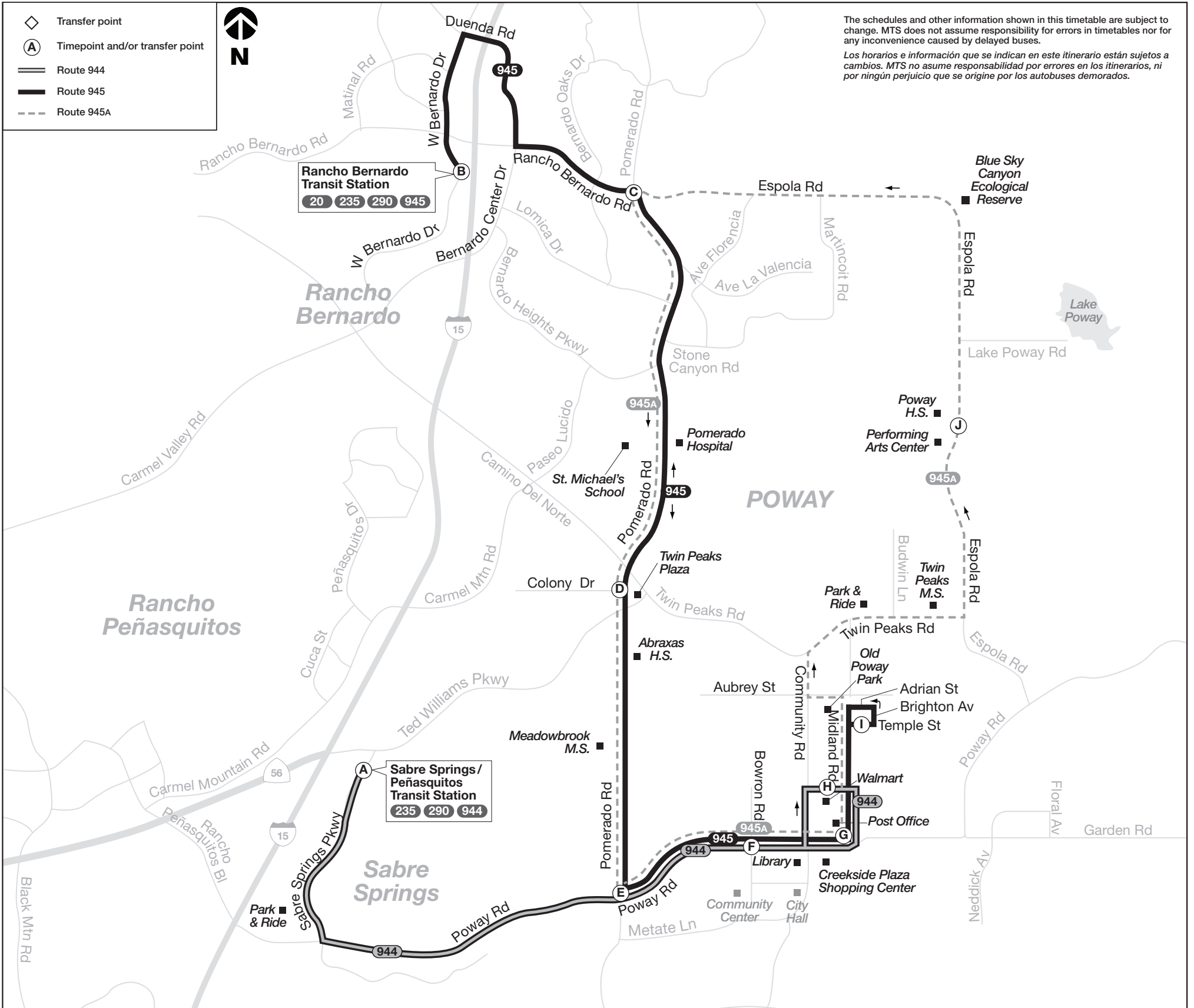
- Abraxas High School (945)
- Meadowbrook Middle School (945)
- Pomerado Hospital (945)
- Poway Library
- Poway High School (945A)
- Rancho Bernardo Transit Station (945)
- Twin Peaks Plaza (945)
- Sabre Springs / Peñasquitos Transit Station (944)



REV. 09/21

[sdmts.com](http://sdmts.com)

Route Alerts, Updated Schedules,  
Connections & More



The schedules and other information shown in this timetable are subject to change. MTS does not assume responsibility for errors in timetables nor for any inconvenience caused by delayed buses.  
Los horarios e información que se indican en este itinerario están sujetos a cambios. MTS no asume responsabilidad por errores en los itinerarios, ni por ningún perjuicio que se origine por los autobuses demorados.

Alternative formats available upon request. Please call: (619) 557-4555 / Formato alternativo disponible al preguntar. Favor de llamar: (619) 557-4555

### Route 945A – Monday through Friday / lunes a viernes

#### Morning only

#### Pomerado → Poway → Espola Loop

C	D	E	G	J	C
Pomerado Rd. & R. Bernardo Rd. <b>DEPART</b>	Pomerado Rd. & Colony Dr.	Poway Rd. & Pomerado Rd.	Midland Rd. & Poway Rd.	Poway High School	Pomerado Rd. & R. Bernardo Rd. <b>ARRIVE</b>
6:30a	6:37a	6:44a	6:53a	7:10a	7:20a
7:38	7:45	7:53	8:03	8:16	8:26

#### Afternoon only

#### Poway → Espola → Pomerado Loop

G	J	C	D	E	G
Midland Rd. & Poway Rd. <b>DEPART</b>	Poway High School	Pomerado Rd. & R. Bernardo Rd.	Pomerado Rd. & Colony Dr.	Poway Rd. & Pomerado Rd.	Midland Rd. & Poway Rd. <b>ARRIVE</b>
2:31p	2:45p	2:54p	3:03p	3:12p	3:21p
3:48	4:00	4:09	4:17	4:25	4:33

Route 945A does not operate on weekends or on the following holidays and observed holidays  
La ruta 945A no ofrece servicio durante el fin de semana ó durante los siguientes días festivos y feriados observados

>>>

New Year's Day, Presidents' Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas

**Route 944 – Monday through Friday / lunes a viernes**

**Sabre Springs ➔ Poway**

(A) Sabre Springs/Peñasquitos Transit Station DEPART	(E) Poway Rd. & Pomerado Rd.	(F) Poway Rd. & Bowron Rd.	(H) Hilleary Pl. (Walmart) ARRIVE
5:34a	5:42a	5:46a	5:50a
6:00	6:08	6:12	6:16
6:31	6:39	6:43	6:47
7:07	7:16	7:20	7:25
7:39	7:48	7:52	7:57
8:09	8:18	8:22	8:27
8:39	8:48	8:52	8:57
9:09	9:18	9:22	9:27
9:39	9:48	9:52	9:57
10:09	10:18	10:22	10:27
10:34	10:43	10:47	10:52
11:04	11:13	11:17	11:22
11:34	11:43	11:47	11:52
<b>12:19p</b>	<b>12:28p</b>	<b>12:32p</b>	<b>12:37p</b>
<b>12:49</b>	<b>12:58</b>	<b>1:02</b>	<b>1:07</b>
<b>1:19</b>	<b>1:28</b>	<b>1:32</b>	<b>1:37</b>
<b>1:49</b>	<b>1:59</b>	<b>2:04</b>	<b>2:09</b>
<b>2:19</b>	<b>2:29</b>	<b>2:34</b>	<b>2:39</b>
<b>2:48</b>	<b>2:58</b>	<b>3:03</b>	<b>3:08</b>
<b>3:12</b>	<b>3:22</b>	<b>3:27</b>	<b>3:32</b>
<b>3:42</b>	<b>3:52</b>	<b>3:57</b>	<b>4:02</b>
<b>4:12</b>	<b>4:22</b>	<b>4:27</b>	<b>4:32</b>
<b>4:42</b>	<b>4:52</b>	<b>4:57</b>	<b>5:02</b>
<b>5:12</b>	<b>5:22</b>	<b>5:27</b>	<b>5:32</b>
<b>5:42</b>	<b>5:52</b>	<b>5:57</b>	<b>6:02</b>
<b>6:12</b>	<b>6:21</b>	<b>6:25</b>	<b>6:30</b>
<b>6:45</b>	<b>6:53</b>	<b>6:57</b>	<b>7:01</b>
<b>7:15</b>	<b>7:23</b>	<b>7:27</b>	<b>7:31</b>

**Poway ➔ Sabre Springs**

(H) Hilleary Pl. (Walmart) DEPART	(F) Poway Rd. & Bowron Rd.	(E) Poway Rd. & Pomerado Rd.	(A) Sabre Springs/Peñasquitos Transit Station ARRIVE
5:04a	5:07a	5:10a	5:19a
5:34	5:37	5:40	5:49
6:04	6:07	6:10	6:19
6:37	6:40	6:43	6:52
7:04	7:08	7:12	7:22
7:34	7:38	7:42	7:52
8:05	8:09	8:13	8:23
8:35	8:39	8:43	8:53
9:05	9:08	9:12	9:22
9:34	9:38	9:42	9:52
10:04	10:08	10:12	10:22
10:34	10:38	10:42	10:52
11:04	11:08	11:12	11:22
11:34	11:38	11:42	11:52
<b>12:19p</b>	<b>12:23p</b>	<b>12:27p</b>	<b>12:37p</b>
<b>12:49</b>	<b>12:53</b>	<b>12:57</b>	<b>1:07</b>
<b>1:19</b>	<b>1:23</b>	<b>1:27</b>	<b>1:37</b>
<b>1:49</b>	<b>1:53</b>	<b>1:57</b>	<b>2:07</b>
<b>2:15</b>	<b>2:19</b>	<b>2:24</b>	<b>2:35</b>
<b>2:45</b>	<b>2:49</b>	<b>2:54</b>	<b>3:05</b>
<b>3:12</b>	<b>3:16</b>	<b>3:21</b>	<b>3:32</b>
<b>3:38</b>	<b>3:42</b>	<b>3:47</b>	<b>3:58</b>
<b>4:08</b>	<b>4:12</b>	<b>4:17</b>	<b>4:28</b>
<b>4:41</b>	<b>4:45</b>	<b>4:50</b>	<b>5:01</b>
<b>5:11</b>	<b>5:15</b>	<b>5:20</b>	<b>5:31</b>
<b>5:43</b>	<b>5:47</b>	<b>5:51</b>	<b>6:01</b>
<b>6:15</b>	<b>6:19</b>	<b>6:23</b>	<b>6:33</b>
<b>6:44</b>	<b>6:48</b>	<b>6:52</b>	<b>7:02</b>

**Route 944 – Saturday / sábado**

**Sabre Springs ➔ Poway**

(A) Sabre Springs/Peñasquitos Transit Station DEPART	(E) Poway Rd. & Pomerado Rd.	(F) Poway Rd. & Bowron Rd.	(H) Hilleary Pl. (Walmart) ARRIVE
6:34a	6:42a	6:45a	6:49a
7:34	7:43	7:47	7:51
8:35	8:44	8:48	8:52
9:35	9:44	9:48	9:52
10:35	10:44	10:48	10:52
11:35	11:44	11:48	11:52
<b>12:35p</b>	<b>12:44p</b>	<b>12:48p</b>	<b>12:52p</b>
<b>1:35</b>	<b>1:44</b>	<b>1:48</b>	<b>1:52</b>
<b>2:35</b>	<b>2:44</b>	<b>2:48</b>	<b>2:52</b>
<b>3:36</b>	<b>3:45</b>	<b>3:49</b>	<b>3:53</b>
<b>4:36</b>	<b>4:45</b>	<b>4:49</b>	<b>4:53</b>
<b>5:36</b>	<b>5:45</b>	<b>5:49</b>	<b>5:53</b>
<b>6:36</b>	<b>6:44</b>	<b>6:47</b>	<b>6:51</b>

**Poway ➔ Sabre Springs**

(H) Hilleary Pl. (Walmart) DEPART	(F) Poway Rd. & Bowron Rd.	(E) Poway Rd. & Pomerado Rd.	(A) Sabre Springs/Peñasquitos Transit Station ARRIVE
6:03a	6:06a	6:09a	6:18a
7:00	7:04	7:08	7:18
8:00	8:04	8:08	8:18
9:00	9:04	9:08	9:18
10:02	10:06	10:10	10:20
11:02	11:06	11:10	11:20
<b>12:02p</b>	<b>12:06p</b>	<b>12:10p</b>	<b>12:20p</b>
<b>1:02</b>	<b>1:06</b>	<b>1:10</b>	<b>1:20</b>
<b>2:02</b>	<b>2:06</b>	<b>2:10</b>	<b>2:20</b>
<b>3:02</b>	<b>3:06</b>	<b>3:10</b>	<b>3:20</b>
<b>4:02</b>	<b>4:06</b>	<b>4:10</b>	<b>4:20</b>
<b>5:02</b>	<b>5:06</b>	<b>5:10</b>	<b>5:20</b>
<b>6:04</b>	<b>6:07</b>	<b>6:11</b>	<b>6:20</b>

Routes 944 and 945 do not operate on Sundays or on holidays that run a Sunday schedule. To determine which holidays run on a Sunday schedule, visit [www.sdmts.com](http://www.sdmts.com) or call 511. / Las rutas 944 ni 945 no ofrecen servicio en los domingos ó los días festivos que operan con servicio de domingo. Para detalles sobre los días festivos que operan con servicio de domingo, visite [www.sdmts.com](http://www.sdmts.com) o llame 511.

**Route 945 – Monday through Friday / lunes a viernes**

**Rancho Bernardo ➔ Old Poway**

(B) Rancho Bernardo Transit Station DEPART	(C) Pomerado Rd. & R. Bernardo Rd.	(D) Pomerado Rd. & Colony Dr.	(E) Poway Rd. & Pomerado Rd.	(G) Midland Rd. & Poway Rd.	(I) Temple St. & Midland Rd. ARRIVE
5:52a	6:01a	6:08a	6:15a	6:24a	6:27a
6:22	6:31	6:38	6:45	6:54	6:57
6:51	7:00	7:07	7:14	7:23	7:26
7:21	7:31	7:38	7:46	7:56	7:59
7:51	8:01	8:08	8:16	8:26	8:29
8:21	8:31	8:38	8:46	8:56	8:59
8:52	9:02	9:09	9:17	9:27	9:30
9:22	9:32	9:39	9:47	9:57	10:00
9:57	10:07	10:14	10:22	10:32	10:35
10:27	10:37	10:44	10:52	11:02	11:05
10:56	11:06	11:13	11:21	11:31	11:34
11:26	11:36	11:43	11:51	<b>12:01p</b>	<b>12:04p</b>
11:56	<b>12:06p</b>	<b>12:13p</b>	<b>12:21p</b>	<b>12:31</b>	<b>12:34</b>
<b>12:26p</b>	<b>12:36</b>	<b>12:43</b>	<b>12:51</b>	<b>1:01</b>	<b>1:04</b>
<b>12:57</b>	<b>1:07</b>	<b>1:14</b>	<b>1:22</b>	<b>1:32</b>	<b>1:35</b>
<b>1:27</b>	<b>1:37</b>	<b>1:44</b>	<b>1:52</b>	<b>2:02</b>	<b>2:05</b>
<b>1:57</b>	<b>2:07</b>	<b>2:14</b>	<b>2:22</b>	<b>2:32</b>	<b>2:35</b>
<b>2:27</b>	<b>2:37</b>	<b>2:44</b>	<b>2:52</b>	<b>3:02</b>	<b>3:05</b>
<b>3:02</b>	<b>3:12</b>	<b>3:19</b>	<b>3:27</b>	<b>3:37</b>	<b>3:40</b>
<b>3:32</b>	<b>3:42</b>	<b>3:49</b>	<b>3:57</b>	<b>4:07</b>	<b>4:10</b>
<b>4:02</b>	<b>4:12</b>	<b>4:19</b>	<b>4:27</b>	<b>4:37</b>	<b>4:40</b>
<b>4:34</b>	<b>4:44</b>	<b>4:51</b>	<b>4:59</b>	<b>5:09</b>	<b>5:12</b>
<b>5:04</b>	<b>5:14</b>	<b>5:21</b>	<b>5:29</b>	<b>5:39</b>	<b>5:42</b>
<b>5:34</b>	<b>5:44</b>	<b>5:51</b>	<b>5:59</b>	<b>6:09</b>	<b>6:12</b>
<b>6:04</b>	<b>6:14</b>	<b>6:21</b>	<b>6:29</b>	<b>6:39</b>	<b>6:42</b>
<b>6:37</b>	<b>6:47</b>	<b>6:54</b>	<b>7:02</b>	<b>7:12</b>	<b>7:15</b>
<b>7:07</b>	<b>7:16</b>	<b>7:23</b>	<b>7:30</b>	<b>7:39</b>	<b>7:42</b>
<b>7:47</b>	<b>7:56</b>	<b>8:03</b>	<b>8:10</b>	<b>8:19</b>	<b>8:22</b>

**Old Poway ➔ Rancho Bernardo**

(I) Temple St. & Midland Rd. DEPART	(G) Midland Rd. & Poway Rd.	(E) Pomerado Rd. & Poway Rd.	(D) Pomerado Rd. & Colony Dr.	(C) R. Bernardo Rd. & Pomerado Rd.	(B) Rancho Bernardo Transit Station ARRIVE
5:09a	5:12a	5:19a	5:25a	5:32a	5:42a
5:39	5:42	5:49	5:55	6:02	6:12
6:05	6:08	6:15	6:21	6:28	6:38
6:35	6:38	6:45	6:51	6:58	7:08
7:06	7:09	7:17	7:23	7:31	7:41
7:36	7:39	7:47	7:53	8:01	8:11
8:06	8:09	8:17	8:23	8:31	8:41
8:36	8:39	8:47	8:53	9:01	9:11
9:10	9:13	9:21	9:27	9:35	9:45
9:40	9:43	9:51	9:57	10:05	10:15
10:10	10:13	10:21	10:27	10:35	10:45
10:41	10:44	10:52	10:58	11:06	11:16
11:11	11:14	11:22	11:28	11:36	11:46
11:39	11:43	11:51	11:57	<b>12:05p</b>	<b>12:16p</b>
<b>12:09p</b>	<b>12:13p</b>	<b>12:21p</b>	<b>12:27p</b>	<b>12:35</b>	<b>12:46</b>
<b>12:39</b>	<b>12:43</b>	<b>12:51</b>	<b>12:57</b>	<b>1:05</b>	<b>1:16</b>
<b>1:09</b>	<b>1:13</b>	<b>1:21</b>	<b>1:27</b>	<b>1:35</b>	<b>1:46</b>
<b>1:43</b>	<b>1:47</b>	<b>1:55</b>	<b>2:01</b>	<b>2:09</b>	<b>2:20</b>
<b>2:13</b>	<b>2:17</b>	<b>2:25</b>	<b>2:31</b>	<b>2:39</b>	<b>2:50</b>
<b>2:44</b>	<b>2:48</b>	<b>2:56</b>	<b>3:02</b>	<b>3:10</b>	<b>3:21</b>
<b>3:14</b>	<b>3:18</b>	<b>3:26</b>	<b>3:32</b>	<b>3:40</b>	<b>3:51</b>
<b>3:44</b>	<b>3:48</b>	<b>3:56</b>	<b>4:02</b>	<b>4:10</b>	<b>4:21</b>
<b>4:16</b>	<b>4:20</b>	<b>4:28</b>	<b>4:34</b>	<b>4:42</b>	<b>4:53</b>
<b>4:46</b>	<b>4:50</b>	<b>4:58</b>	<b>5:04</b>	<b>5:12</b>	<b>5:23</b>
<b>5:18</b>	<b>5:22</b>	<b>5:30</b>	<b>5:36</b>	<b>5:44</b>	<b>5:55</b>
<b>5:48</b>	<b>5:52</b>	<b>6:00</b>	<b>6:06</b>	<b>6:14</b>	<b>6:25</b>
<b>6:18</b>	<b>6:22</b>	<b>6:30</b>	<b>6:36</b>	<b>6:44</b>	<b>6:55</b>
<b>7:02</b>	<b>7:05</b>	<b>7:12</b>	<b>7:18</b>	<b>7:25</b>	<b>7:35</b>

**Route 945 – Saturday / sábado**

**Rancho Bernardo ➔ Old Poway**

(B) Rancho Bernardo Transit Station DEPART	(C) Pomerado Rd. & R. Bernardo Rd.	(D) Pomerado Rd. & Colony Dr.	(E) Poway Rd. & Pomerado Rd.	(G) Midland Rd. & Poway Rd.	(I) Temple St. & Midland Rd. ARRIVE
6:42a	6:52a	6:59a	7:06a	7:14a	7:18a
7:27	7:37	7:44	7:52	8:01	8:05
8:12	8:22	8:29	8:37	8:46	8:50
8:57	9:07	9:14	9:22	9:31	9:35
9:42	9:52	9:59	10:07	10:16	10:20
10:27	10:37	10:44	10:52	11:01	11:05
11:12	11:22	11:29	11:37	11:46	11:50
11:57	<b>12:07p</b>	<b>12:14p</b>	<b>12:22p</b>	<b>12:31p</b>	<b>12:35p</b>
<b>12:42p</b>	<b>12:52</b>	<b>12:59</b>	<b>1:07</b>	<b>1:16</b>	<b>1:20</b>
<b>1:27</b>	<b>1:37</b>	<b>1:44</b>	<b>1:52</b>	<b>2:01</b>	<b>2:05</b>
<b>2:12</b>	<b>2:22</b>	<b>2:29</b>	<b>2:37</b>	<b>2:46</b>	<b>2:50</b>
<b>2:57</b>	<b>3:07</b>	<b>3:14</b>	<b>3:22</b>	<b>3:31</b>	<b>3:35</b>
<b>3:43</b>	<b>3:53</b>	<b>4:00</b>	<b>4:08</b>	<b>4:17</b>	<b>4:21</b>
<b>4:28</b>	<b>4:38</b>	<b>4:45</b>	<b>4:53</b>	<b>5:02</b>	<b>5:06</b>
<b>5:13</b>	<b>5:23</b>	<b>5:30</b>	<b>5:38</b>	<b>5:47</b>	<b>5:51</b>
<b>5:58</b>	<b>6:08</b>	<b>6:15</b>	<b>6:23</b>	<b>6:32</b>	<b>6:36</b>
<b>6:58</b>	<b>7:08</b>	<b>7:15</b>	<b>7:22</b>	<b>7:30</b>	<b>7:34</b>

**Old Poway ➔ Rancho Bernardo**

(I) Temple St. & Midland Rd. DEPART	(G) Midland Rd. & Poway Rd.	(E) Pomerado Rd. & Poway Rd.	(D) Pomerado Rd. & Colony Dr.	(C) R. Bernardo Rd. & Pomerado Rd.	(B) Rancho Bernardo Transit Station ARRIVE
6:41a	6:44a	6:50a	6:56a	7:03a	7:12a
7:26	7:29	7:35	7:41	7:48	7:57
8:09	8:12	8:18	8:25	8:32	8:42
8:56	8:59	9:05	9:12	9:19	9:29
9:41	9:44	9:50	9:57	10:04	10:14
10:26	10:29	10:35	10:42	10:49	10:59
11:10	11:13	11:19	11:26	11:34	11:44
11:55	11:58	<b>12:04p</b>	<b>12:11p</b>	<b>12:19p</b>	<b>12:29p</b>
<b>12:40p</b>	<b>12:43p</b>	<b>12:49</b>			